

*Aerospace Machinists District Lodge
751 Retirement Club*

*AFT Washington Retirees Chapter,
AFL-CIO*

*American Federation of Government
Employees Local 3937*

APALA, Seattle Chapter

*Coalition of Labor Union Women,
Puget Sound Chapter*

*Economic Opportunity Institute
Health Care for All-WA*

*National Organization for Women,
Seattle Chapter*

Northwest Carpenters

*Office and Professional Employees
International Union Local 8*

*Older Women's League Seattle/King
County*

*Physicians for a National Health
Program, Western Washington chapter*

*Pride At Work, Martin Luther King
County Chapter*

*Puget Sound Alliance for
Retired Americans*

Puget Sound Sage

*Retired Public Employees
Council of Washington*

Seattle Displacement Coalition

SEIU Healthcare 775NW

SEIU Healthcare 1199NW

SEIU Local 6

SEIU Local 925

SEIU Washington State Council

*Tacoma Alliance for Retired
Americans (Pierce County)*

UAW Local 4121

UFCW Local 21

UFCW Local 81

Unite HERE Local 8, AFL-CIO

*Washington Alliance for
Retired Americans*

Washington Association of Churches

*Washington Community
Action Network*

Washington State Jobs with Justice

*Washington State Labor
Council – AFL/CIO*

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Two Simple Ways You Can Protect Social Security

1. **Urge President Obama to reiterate his pledge to protect Social Security and keep his campaign promise not to cut benefits or raise the retirement age** in his State of the Union address.
 - Email: <http://www.whitehouse.gov/contact>
 - Phone: (202) 456-1111
2. **Urge Senators Maria Cantwell and Patty Murray to request President Obama reaffirm his pledge to protect and defend Social Security during the State of the Union.**

Senator Patty Murray:

- Email: <http://murray.senate.gov/public/index.cfm?p=ContactMe>
- Phone: (202) 224-2621 (DC office);
(206) 553-5545 (Seattle office)

Senator Maria Cantwell:

- Email: <http://cantwell.senate.gov/contact/>
- Phone: 202-224-3441 (DC office);
206-220-6400 (Seattle office)

Key Points

Social Security is critical to the economic security of Americans of all ages, and is more important now than ever.

Keeping Social Security strong is a key issue for Washington state voters. Cutting Social Security will destroy voters' trust in those elected to represent them.

There are many ways to deal with the federal deficit that will benefit the American people and our economy. Cutting Social Security is not one of them, and should not be part of any plan proposed or endorsed by the President.

Important Facts

Washington State | In 2009, Social Security provided benefits to more than 1 million people, living in 25% of Washington households, including:

- 746,000 seniors, with an average retiree benefit of \$1,134/month
- 70,000 children

King County | 241,685 beneficiaries in King County, including:

- 181,000 seniors, with an average retiree benefit of \$1,263/month
- 13,000 children

City of Seattle | 73,700 beneficiaries in the City of Seattle, including:

- 55,000 seniors, with an average benefit of \$1180/month
- 3,725 children

Sources:

2009 American Community Survey 1-Year Estimates, Washington state;

Social Security Beneficiary Comparison Data by State:

http://www.socialsecurity.gov/policy/docs/statcomps/oasdi_zip/2009/wa.pdf